

RESOURCE GUIDE



Office of
Mental Health



Putnam County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Putnam County Crisis Intervention

Call or text 845-225-1222

24/7 call or text

Putnam County Co-Response Team (CRT)

Crisis intervention for mental health or substance use challenges.

Putnam County Sheriff's Office 3 County Center Carmel
845-225-4300 ext. 41990

People USA Rose House

24/7 Short-term crisis respite. Guests can stay up to seven days. 100% peer operated.

111 Philipse Brock Rd Garrison

845-452-2728 ext. 401

People USA Mobile Crisis Outreach Team

Face-to-face or by phone crisis intervention. Peer run.

1822 Route 6 Carmel

845-379-2463 M-F 12pm-8pm.

Mental Health Treatment & Rehabilitation

Rockland Psychiatric Center-Putnam Clinic

Mental Health and Co-occurring disorders treatment

1620 Route 22 Brewster

845-278-2500

CoveCare Center Mental Health Clinic

Medication management, group/individual therapy, peer run services, case management, PROS

1808 Route 6 Carmel

845-225-2700

Nuvance Health/Putnam Hospital

Outpatient clinic, inpatient unit, partial hospitalization

660 Stoneleigh Ave Carmel

845-278-5582 / 800-421-1220

Sites in Poughkeepsie and CT

Peer Support Services

Guardian Revival Peer Support

Military, Veterans, Reserves, National Guard, Law Enforcement, Fire & Rescue, Emergency Medical Services, Dispatchers, Corrections, and Federal Agents

845-745-0088

The Loft

Peer support and support groups, advocacy , referrals

252 Bryant Ave White Plains

914-948-2932

MHA Putnam

Information and Support Line, Family Support, Drop-In Center, Bridger Outreach, Self Help Groups, Suicide prevention.

1822 Route 6 Carmel

845-278-7600

Addiction or Substance Use Treatment and Support

The Lexington Center for Recovery

Clinic

24 Smith Ave Mount Kisco—Westchester County

914-666-5740

Philipstown Behavior Health Hub

Referrals, care coordination, mental health and addiction recovery resources, support groups, activities/events

5 Stone Street Cold Spring/The Hub on 9—3590 Rte. 9

Suite 109 Cold Springs 845-809-5050

Arms Acres

Inpatient and outpatient treatment programs , medical care, and counseling

75 Seminary Hill Rd Carmel

845-225-3400

St. Christopher's Inn

Men only, long-term substance use treatment and transitional living services

21 Franciscan Way Garrison

845-335-1020

Other Services

Putnam/Northern Westchester Women's Resource Center

Support Groups, advocacy, emergency shelter, referrals

935 South Lake Blvd. Ste 2 Mahopac

845-628-9284

Hotline: 845-628-2166

Putnam County Community Action Partnership

Food pantry, meals, gift cards, emergency financial assistance for rent/clothing/utilities. Financial assistance for breast cancer patients.

121 Main Street Brewster

845-278-8021

Search for Change

Housing, case management, respite, hospital diversion, residential, counseling, medication management

2615 Carmel Ave Brewster

914-428-5600 ext. 5603

Putnam County Department of Mental Health

Connection to mental health housing resources

Renee Prato— Adult Housing SPOA Coordinator

845-808-1500 x45276

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

